



Booster Session Checklist

Pre-Session planning list

To do	To buy	To prepare	Kids Matter resources
Reminder text to parents	Refreshments - pastries, fruit, tea, coffee, milk, sugar	Kettle, mugs, jug of water, spoons, glasses, plates	Facilitator's booster sheet
Double-check room is booked	Flowers	Table cloth, napkins	Spare copies of guest booklets and resources
Crèche room and helper booked		Current information on local resources in the community	
Sticky labels with names of guests		Pens, different colour post-its	
Pray!			

On the day:

- Prepare tablecloth, pastries, food and flowers (etc.) on the main table
- Tea and coffee on a separate table
- Welcome people as they arrive – be ready to welcome guests up to 15 minutes early
- Offer a tea, coffee or water
- Record attendance and details of guests in accordance with your church/charity GDPR guidelines

Remember: Smile, be positive, be ready to share your good and bad experiences of parenting!

The aim of the booster session is to have a chance to catch up together as a group and talk about relevant parts of the programme material depending on what your group needs. It is also an opportunity to spend time on sessions or sections that guests may have missed.

My goals in facilitating this session:

- Parent/carer recognises and celebrates where positive changes are happening in their parenting
- Parent/carer highlights challenges and has opportunity to be reminded of skills learned from programme
- Complete evaluation forms
- Encourage ongoing opportunities to build community and signpost to other activities