

What's next?

Let's look at the building blocks image which we used throughout our sessions

Q: What are you still struggling with?

(Write on different coloured post-it)

Q: What would you like a refresher of today?

(Let parents know you have copies of all the handouts from sessions)

Q: What is it about ... that you want to discuss?

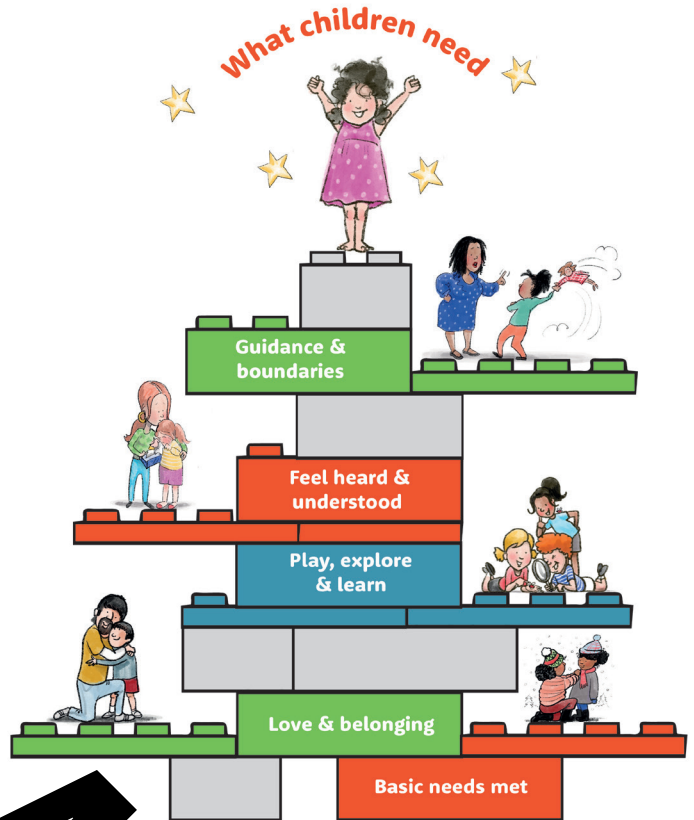
(aim is to get parents to do most of the talking/teaching not each other)

For a few parents have answered, try to reflect back the most interesting answers, or a case which one to discuss. If there are multiple topics parents want to refresh, agree an order and a time limit to do so.

Q: What can other people remember about ...?

(Allow for group discussion and only writing down there are any gaps)

Use this as a framework for refreshing information. Give handouts again if needed.



Finishing well

It has been great to see you all again here and to hear about all the progress that has been made! It is such an encouragement to us all that we can make things better for our families with a bit of attention to how we parent. However, it is still hard and we still have lots to do. Let's not do it alone!

Signpost here to community events.

Encourage parents to keep meeting, supporting one another, keeping going with their new skills and ask for help when they need it.

Thank everyone for coming and congratulate each one personally on all they have accomplished. Where possible, arrange to meet again to do something fun and informal.

At the end of the session:

- Encourage continued use of the WhatsApp group
- Offer food to them all to take away
- Don't rush off! Be available for anyone who wants to chat
- Write down any good quotes
- Send a message to anyone who didn't make the session