Please use the space below to note any local community groups that our parents might find helpful.





Kids Matter
Group Helper
Training

### Questions often asked about Kids Matter

#### Why parenting?

- Early years parenting is a key tool that's been shown by research to help with children's behaviour in the long term.
- Parenting skills build self confidence and self esteem in parents.
- Improves all relationships in the home.
- Lack of wider family high immigration/social mobility (housing etc)
- Early intervention is better than dealing with issues later on.
- Children are with their parents more than teachers in their early years.

#### Why parents who are facing economic hardship?

- We believe God has asked us to look after those who are struggling & who are living in poverty
- Council services are unable to support families as much as they used to.
- Families now have additional challenges e.g. Mental health, poverty, social isolation, family breakdown
- We want to break patterns of poverty that run through generations of families
- They are most at risk.

#### Why go through the Church?

- Love, welcome and kindness are central to everything the Church does
- There's a church in every community
- Churches often have people who want to volunteer their time
- Churches can offer ongoing support once the 6 week section of the Kids Matter programme has finished, such as help with housing issues, debt, Foodbank, community events, and opportunities for parents to give back to the community.

#### Why Kids Matter?

- Kids Matter is designed to be accessible for parents in all sorts of different situations
- Its friendly and welcoming
- Parents are encouraged to share their own experiences, and learn from each other
- There's tea and cake!
- The facilitator is well trained, and all the materials are provided to guests for free
- There's a free creche.

# What is my role as a group helper?

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## A good personal story/example includes:

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A helpful example of a parenting struggle I have had is.....

Key points to check on the Evaluation forms are:

**TOPSE** 

**WARWICK**